



# Happy New Year from Baxter Memorial Library!



## Keeping Your Family Warm While Outdoors in Winter is as Easy as 1, 2, 3!

Layering, layering, layering is the key for staying warm and dry in the winter. Layers allow pockets of air between clothing layers to help trap heat and keep you warm. Layering has the added advantage of allowing kids to remove a jacket or fleece when they are too warm to avoid sweating.

### Step 1 -Base Layer

This layer should be close to the skin and wicks away moisture. Base layers should never be in cotton as cotton traps moisture next to the skin and leaves kids wet and cold. Fabrics such as wool or high-tech poly retain warmth and wick moisture away from the skin.

### Step 2- Mid-Layer

This layer serves as insulation between the base and outer layers. A loose fit allows pockets of air to help insulate. Fabrics such as fleece or wool are best. While both wool and fleece retain warmth, fleece has the added benefit of being a lightweight material.

### Step 3- Outer Layer

This layer keeps the elements out and the warmth in. Look for snow coats and pants that say "insulated and waterproof". The outer layer helps protect kids from rain, snow, and wind. I'm looking at you Maine winter!

Don't forget your extremities. Your face, ears, and head all need protection from the elements. Fleece or wool balaclavas are a great accessory to keep those warm. Hands get cold easily so a nice pair of waterproof and insulated mittens are a good choice. Hand warmers can be used but for safety use a liner glove and a waterproof outer glove and sandwich the hand warmer in between. Don't allow skin to touch the hand warmer directly. Feet we haven't forgot you! Wool or fleece socks are best and remember to avoid cotton! Finish up with a pair of waterproof insulated boots that aren't too snug. Too big is better than too small since the air pockets can help keep feet warm.

## Snow Pant Story Time Tuesdays at 10am

Grab your snow pants and join Ms. Heidi and Mr. Jeff for a brrrrilliant outdoor story time that features stories, singing, dancing and playing! We encourage all participants to come prepared for our chilly Maine weather by layering, wearing hats, gloves or mittens, and maybe even a blanket to cover your laps. "Do you want to build a snowman?....."



## Book Club!

Thursday, January 6th

*The Immortal Life of Henrietta Lacks*  
by Rebecca Skloot

Thursday, January 20th

*The Bone Fire*  
by SD Sykes

All discussions are held at 10am in the Schneider Great Room. Masks are required inside the library regardless of your vaccination status. Masks are available at the circulation desk.

No registration is required.  
All are welcome!

# Thank you

The entire staff at Baxter Memorial Library would like to take this time to thank you for your continued support and patronage over the last year. You've been patient through the ups and downs; from the support we received for our programming to your kind adherence to the various restrictions we've had to implement in order to keep our staff and patrons safe. We have some of the best patrons around! We wish you all the best during this holiday season and here's to 2022!

1. What do snowmen eat for breakfast?
2. What falls and never hurts itself?
3. How do snowmen greet each other?
4. Where do snowmen go to dance?
5. What do you get if you cross a snowman and a shark?



1-Ice Krispies! 2-Snow! 3-"Ice to meet you"!  
4-A snow ball! 5-Frost bite!

## January 2022

Mon	Tue	Wed	Thu	Fri	Sat
<b>Key:</b> Adult Program Youth/Family Program *=Please Register					1 <b>CLOSED FOR                      NEW YEAR'S                      DAY</b>
3	4 10am Snow Pant Story Time (ages 2-5)	5	6 10am Book Club	7	8
10	11 10am Snow Pant Story Time (ages 2-5)	12	13	14	15
17 <b>CLOSED FOR                      MARTIN                      LUTHER KING                      JR. DAY</b>	18 10am Snow Pant Story Time (ages 2-5)	19	20 10am Book Club	21	22
24	25 10am Snow Pant Story Time (ages 2-5)	26	27	28	29
31					

For an update on our events, please visit our online calendar at [www.baxterlibrary.org](http://www.baxterlibrary.org) or call 222-1190 for more information.